

# Kitchen Mates *Dates*

## 2011

Kitchen Mates runs fortnightly for people who want to meet new friends and cook and eat low cost, healthy meals together in a supportive environment.

**Cost:** Participants decide what the group will cook and pay on a per serve basis (approx \$3.00 per serve).

Kitchen Mates meets at:  
Port Melbourne Uniting Church Hall  
Cnr Nott & Bridge Sts, Port Melbourne

**Every second Friday 11am-2pm**

**Dates for the second half of 2011:**

**July** 8 & 22  
**August** 5 & 19  
**September** 2 & 16 (note: no Kitchen Mates Sept 30)  
**October** 14 & 28  
**November** 11 & 25  
**December** 9

**Bookings required, ph 9690 1188**

Getting there:

- Melways ref 2J F3
- Tram 109, North Port station (stop 127),  
4 min walk along Raglan & Nott Sts
- Bus 238, 250, 252, cnr Bay & Bridge St,  
1 min walk along Bridge St
- Community Bus, Port Melbourne route,  
BridgeSt/Bay St stop in Nott St opposite the church

*"I feel much more confident in the kitchen now"*

*"Friendly people and lovely food"*



For more information contact:  
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 **UnitingCare**  
South Port