

Kitchen Mates

What do you do when the partner who has always done the cooking is no longer with you?

Would you like to cook with others in a social setting?

Kitchen Mates is a six week group program to help you find your way around the kitchen and cook healthy meals in a supportive environment.

Cost:

Participants decide what the group will cook and pay on a per serve basis (approx \$2.50 per serve).

Kitchen Mates meets at:
Port Melbourne Uniting Church Hall
Cnr Nott & Bridge Sts, Port Melbourne
Fridays 11am-1pm
March 12, 19 & 26 and April 9, 16 & 23

Bookings required, ph 9690 1188

Getting there:

- *Melways ref 2J F3*
- *Tram 109, North Port station, 4 min walk along Raglan & Nott Sts*
- *Bus 238, 250, 252, cnr Bay & Bridge St, 1 min walk along Bridge St*
- *Community Bus, Port Melbourne route, BridgeSt/Bay St stop opposite the church*



For more information contact:

Peter Batten or Janet Hoare
South Port UnitingCare
Phone: 9690 1188 (church office)
E-mail: peter.batten@southportuniting.org.au or janet.hoare@southportuniting.org.au